What is sustainability and sustainable development...and why is it important to social work? All definitions of sustainable development require that we see the world as a system—a system that connects space; and a system that connects time. We also understand that quality of life is a system, too. It's good to be physically healthy, but what if you are poor and don't have access to education?

Social Work is grounded in ecological systems theory, the theory and practice of seeing “person in the environment.” We have been at the forefront of the sustainability movement before there was a sustainability movement working at micro, mezzo and macro systems that sustain individuals, families, groups, organizations, communities, society and political, economic and cultural environments that shape and sustain progress and social justice. 2014-2015 will be the Year of Sustainability at Pitt. To learn more about Sustainability Development and social work connections see p. 4.

**PA Act 31 Training—Now Available On-Line**
(This is a Free Training Program—see details on p. 4)
Licensed professionals in Pennsylvania are now subject to new training requirements for “recognizing and reporting child abuse” that must be completed by the end of this licensing period. (LSW/LCSW, LPC, and LMFT) professionals can take advantage of the School of Social Work’s new online training program at:

[www.reportabusepa.pitt.edu](http://www.reportabusepa.pitt.edu)
The following are continuing education providers in the University/School network for whom the School of Social Work regularly co-sponsors social work continuing education for a variety of workshops, conferences, and other training.

**Child Welfare Competency-Based Training Program (CBT)** is a component of the School of Social Work’s Child Welfare for Education and Leadership initiative that provides a range of educational and training programs across Pennsylvania.

www.pacwcbt.pitt.edu

**Western Psychiatric Institute & Clinic (WPIC) Office of Educational and Regional Programming (UPMC)**

www/wpic.pitt.edu/oerp

**PA/Mid-Atlantic AIDS Education & Training Center (School of Public Health)**

www.pamaaetc.org

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**Pittsburgh Pastoral Institute**

Pastoral Counseling, Spirituality & More

www.ppi-online.org  412-661-1239

**Western Pennsylvania Family Center**

Bowen Theory, Family Therapy, and more

www.wpfc.net  412-362-2295

**IRETA (Institute for Research, Education & Training in Addiction)**

www.ireta.org  412-391-4449

**Community Care Behavioral Health**

Mental Health, Managed Behavioral Health, and other training for clinical practice and recovery

www.ccbh.com  412-454-2120

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**SEE OUR ONLINE CO-SPONSORSHIP LINK ON THE SCHOOL’S WEBSITE**

WWW.SOCIALWORK.PITT.EDU

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**NASW & NASW-PA News**

Southwest Division Updates

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**MARCH IS SOCIAL WORK MONTH**

Join NASW as we Celebrate NASW 60th Anniversary

**SOCIAL WORK PAVES THE WAY FOR**

NASW AT 60

**change**

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**2015 NASW-PA STATE CONFERENCES**

Info: www.nasw-pa.org

October, 15-17, 2015

The Penn Stater Hotel & Conference Center

State College, PA

Requests for Proposals

Opportunities for Sponsorship and Award Nominations are available online

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**LSW Exam Prep Workshops at Pitt**

Saturdays March 28 & May 2, 2015

**Join NASW**

www.nasw-pa.org

1-800-272-6279

Social Workers Help Starts Here
The School of Social Work’s Center on Race and Social Problems offers an annual speaker series to provide an opportunity for faculty, students, and members of the public to engage in race-related discussions on timely topics. Each event in the series is held 12:00–1:30 pm in the School’s conference center, 2017 Cathedral of Learning. Lunch is provided, and registration is not required. Join us at these important lectures for Fall 2013:

Wednesday, January 21
“Try on the Outfit and Just See How It Works:” The Psychocultural Responses of Disconnected Black Youth to Work
Orlando Patterson, John Cowles Professor of Sociology, Harvard University

Wednesday, February 25
“The Collision of Race and Criminal Justice: Lesson from the Aftermath of Ferguson”
David Harris, Distinguished Faculty Scholar * Professor of Law, University of Pittsburgh

Tuesday, March 17
“The Crisis of College Access for Students of Color”
Gary Orfield, Distinguished Research Professor of Education, Law, Political Science, and Urban Planning, and Coordinator, Civil Rights Project at University of California, Los Angeles

Thursday, April 23
“The End of the Black Metropolis”
Mary Pattilo, Professor of Sociology and African American Studies, Northwestern University

Keep informed on CRSP research and programs. Videos of past lectures are also available online at: www.crsp.pitt.edu or 412-624-7382

The Fall 2013 Series is generously underwritten by BUCHANAN INGERSOLL & ROONEY PC

2014-2015

Speaker Series

2014-2015 SPEAKERS

September 17, 2014
“Collateral Consequences of Incarceration: Exploring the Impact on Children and Families”
Anna Hollis, Executive Director, Amachi Pittsburgh

November 12, 2014
“Sustainability and the Social Services”
Paul Sheldon, Senior Advisor, GreenPrisons.org and Planting Justice; Development Director, Insight Garden Program

February 10, 2015
“Outcomes of Child Welfare Services: How Much Are We Really Helping?”
Richard P. Barth, Dean, School of Social Work, University of Maryland

March 18, 2015
World Social Work Day
Sidney A. Teller Lecture
Topic: Sustainable Communities: An International Perspective
DeBrenna LaFa Agbenyiga, Associate Professor, School of Social Work, Michigan State University

The Center on Race and Social Problems 2015 Spring Speaker Series

Each year the School of Social Work presents a series of engaging and timely lectures as visiting scholars share their ideas and insights to enlighten and enliven the academic climate of the School and our social work community. Join us in the School’s conference center 2017 Cathedral of Learning from 12:00-1:30 pm (Lunch is Provided) www.socialwork.pitt.edu

2014-2015

School of Social Work
### ONLINE REGISTRATION SYSTEM IN PLACE

The School of Social Work Continuing Education Program has an online Registration and Database. Last year the CE Program transferred all co-sponsored programs for the new licensing period, into the its ActiveNet online database system. We are now providing a self-serve registration system that will also track your participation in programs sponsored or co-sponsored through the School. cooperation as we work to assure this system is working for you...and us.

**NOW YOU CAN REGISTER ONLINE**
**VISIT OUR NEW**
**ONLINE REGISTRATION SYSTEM**
**AND CREATE YOUR OWN ACCOUNT**

Go To Continuing Education on our Social Work Webpage at [www.socialwork.pitt.edu](http://www.socialwork.pitt.edu) and click on the Online Registration Link

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### NEW STATE ACT 31 CHILD ABUSE REPORTING TRAINING

The Commonwealth of Pennsylvania recently enacted a new legislation (Act 31) around child abuse prevention and intervention in the wake of the Sandusky scandal, and now Act 31 has promulgated a series of new regulations that affect the work of helping professionals. This fall the Department of Welfare - now the Department of Human Services—enacted regulations under this law that require new training for all licensed professionals in Pennsylvania to address “recognizing and reporting child abuse.” For LSW/LCSWs, LPCs, and LMFTs renewing their license, and all new license applications. The School of Social Work at the University of Pittsburgh through its Child Welfare Resource Center and Continuing Education Program have in place a free Act 31 Online Training that meets all PA requirements for health-related professions. Online training is available at: [www.reportabusepa.pitt.edu](http://www.reportabusepa.pitt.edu)

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### SOCIAL WORK AND SUSTAINABLE DEVELOPMENT

Join the University Pittsburgh & SSW as We Explores Sustainability

**SUSTAINABILITY** refers to the endurance of systems and processes. The organizing principle for sustainability is sustainable development, which includes the four interconnected domains of ecology (environment), economics, politics and culture.

**What is Sustainable Development?**
*It means environmental, economic and social well-being for today and tomorrow for everyone.*

Sustainable development has been defined in many ways, but the most frequently quoted definition is from *Our Common Future*, also known as the United Nation’s Brundtland Report (Marcy 20, 1987)... Sustainable development is development that meets the needs of the present without compromising the ability of future generations to meet their own needs. It contains within it two key concepts:

- the concept of needs, in particular the essential needs of the world’s poor, to which overriding priority should be given; and
- the idea of limitations imposed by the state of technology and social organization on the environment's ability to meet present and future needs.*

Join us at a School of Social Work on March 18, 2015 for our **Sidney Teller & World Social Work Day** lecture with DeBrenna LaFa Aghenigya on Sustainable Communities: An International Perspective. This is the last in our 2014-2015 Lectures in celebration of Pitt’s “Year of Sustainability.”
Pennsylvania Board of Social Workers, Marriage and Family Therapists and Professional Counselors  
P.O. Box 2649; Harrisburg, PA 17105-2649  
Phone: 717-783-1389    Fax: 717-787-7769  
Email: ST-SOCIALWORK@state.pa.us  
URL: www.dos.state.pa.us/social

There are three approved avenues for social work continuing education in Pennsylvania:

**Pre-Approved Providers:** Six pre-approved providers are noted in Pennsylvania’s enabling legislation for social work licensing, including the Council on Social Work Education - accredited schools of social work, NASW Chapters and their divisions.

**Provider Approval:** CE certificates from these programs must show the PA licensing board approval number.

**Individual Approval:** Any social worker may request an individual continuing education approval for attending an event on your own, e.g., national or state conference. However, you must submit an application (it can be faxed) at least 24 hours prior to attending the continuing education event. Forms can be requested from the state board or online (See URL above)

Current PA regulations for social work continuing education are available online, as are the regulations for licensed marriage and family therapist and professional counselors.

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**AFFORDABLE HEALTH CARE IS HERE**

**Enroll America** has come to Pennsylvania. Bill England, COSA alumni, is the State Director for this exciting campaign. Offices will be opened in both Philadelphia and Pittsburgh by late summer, and Field Staff will be organizing around the state. The work of EA will focus on conducting grassroots work to inform person’s presumptively eligible for health coverage through the Affordable Care Act. The next Enrollment opens nationwide in November 2014.

**Enroll America** is a nonpartisan 501(c)(3) organization whose mission is to maximize the number of uninsured Americans who enroll in health coverage made available by the Affordable Care Act. Enroll America is a collaborative organization, working with partners that span the gamut of health coverage stakeholders—health insurers, hospitals, doctors, pharmaceutical companies, employers, consumer groups, faith-based organizations, civic organizations, and philanthropies—to engage many different voices in support of an easy, accessible, and widely available enrollment process.

For further information and to learn how to connect with and become involved, please visit www.enrollamerica.org

**AFFORDABLE HEALTH CARE SIGN-UP/INFORMATION SESSIONS FOR 2015**

WE ARE CURRENTLY WAITING TO LEARN IF ANOTHER ROUND OF AFFORDABLE CARE ACT SIGN-UPS WILL BE HELD. Please Stay Tuned.

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INTRODUCTION TO INTERGENERATIONAL PROGRAMS

This course is on-line, interactive experience based on the success of Generations Together Intergenerational Training Institute at the University of Pittsburgh. The fall on-line course is designed to help you develop the skills needed for success in the intergenerational field. Students read course materials, do on-line assignments, discuss the content with fellow students and instructors, and follow step-by-step procedures to complete the individual units.

In this abridged summer version of our 12-week course (See page 4) students learn useful, concrete principles that can help enhance your professional development. After completing the course, you will have a better understanding of skills needed to develop intergenerational programs and how to apply them.

After completing this course, you will be able to:

- Explain the rationale for intergenerational programs as a social intervention model
- Formulate a design/plan for an intergenerational program
- Develop a process to engage community support for intergenerational programming
- Develop the basic skills to implement intergenerational program components
- Recruit, train, and manage participants and staff in intergenerational programming
- Evaluate an intergenerational program

Faculty: Cathy Tompkins, PhD, Course Coordinator and Generations Together Training Program Faculty

Dates: 13 weeks September 12 - December 12 2015

Time: your convenience Place: your computer

Fee: $350 + text ($40)

Credits: 2 graduate (College of General Studies only)

For course information: Cathy Tompkins, course Coordinator
703-993-2838 or ctompkin@gmu.edu

For course registration: Contact the CE Office 412-624-6902 or drn8@pitt.edu
ON BECOMING A NONPROFIT CEO: PREPARING FOR CAREER OPPORTUNITIES - A FIVE-PART SERIES

Students will participate in a learning opportunity for preparing to become CEO’s of nonprofit organizations. An opening session will discuss the nonprofit leadership environment, as well as highlight effective board and CEO collaboration using Richard Chait, William Ryan, and Barbara Taylor’s Governance as Leadership as a source. Other sessions will examine the cultural, strategic, human resources and political aspects of organizations as described in Reframing Organizations, by Lee G. Bolman and Terrence E. Deal. Students will gain understanding of important nonprofit leadership issues as well as develop the capacity to recognize and resolve nonprofit management challenges. Upon successful completion of the course, students will understand how to:

- Identify nonprofit leadership opportunities and skills.
- Develop vision for a preferred organizational future.
- Achieve clarity in organizational goal setting and balancing and integrating organizational goals with the aspirations of staff.
- Learn skills in partnering with the nonprofit board of trustees
- Build alliances and advocacy to advance organizational goals

Session I - April 30
Leadership and Leaders in the Nonprofit Sector - Identifying nonprofit leadership opportunities & skills:
- Challenges for leaders in the sector
- New organizational designs
- The governance role of the board and the management/government partnership

Guest Presenter: Kate Dewey, President, The Forbes Fund

Session II – May 7
Building External Alliances; Collaborative Environment - Developing relationships that empower consumers:
- Assessing possible scenarios
- Analyzing political environment and mood

Session II – May 21
Achieving clarity in goal expectations and goal setting - Understanding and building a productive culture:
- Strategic thinking and planning
- Aligning logistics
- Translating mission through goals and programs

Guest Presenters: Al Condeluci, President and CEO, CLASS and Peggy Harris, President and CEO, Three Rivers Youth

Session IV - May 28
Finance: -Developing and managing financial resources
- Financial challenges in the current environment
- Development as an ongoing process
- Achieving generative board engagement in constructive financing

Guest Presenters: Lois Mufuka Martin, CEO, Bethlehem Haven and John Lydon, President & CEO, Auberle

Session V – June 4
Current Executive Challenges and Political Advocacy for Success - Building alliances and advocacy to advance organizational goals:
- Understanding basics of an advocacy approach
- Building internal and external advocacy alliances
- Allying with elected & administrative officials
- Issues challenging today’s executives

Guest Presenters: Dave Coplan, Executive Director, Mon Valley Providers’ Council & Leslie Bonner, Bonner and Associates Consulting

Faculty: Donald Goughler, MSW with Guest Presenters

Date: April 30, May 7, 21, & 28, June 4
Time: 9:00 – 12:00 Noon (each date)
Place: 2017 Cathedral of Learning
Fee: $100 (partly underwritten by The Forbes Funds)
CE: 15 hours (LSW/LCSW, LPC, LMFT)

This Series is partly supported by The Forbes Funds
HITTING THE GROUND RUNNING: A ONE-DAY WORKSHOP FOR NEW SUPERVISORS (OR THOSE ASPIRING TO BECOME SUPERVISORS)

This is a fast-paced workshop designed to help new supervisors develop an awareness of what is involved in moving into the role of supervision, and provide an understanding of the best way to establish credibility and build respect as a new supervisor. At the end of this workshop participants will be able to:

- Understand supervisory responsibilities
- Avoid common first-time supervisory mistakes
- Know the 5 strategies for transitioning from a ‘do -er’ to a supervisor
- Understand the basics of coaching, giving effective feedback, and documenting employee performance in order to do an effective performance evaluations
- Understand how to supervise former co-workers/ friends, maintain professional boundaries, and how to avoid dual-role relationships
- Effectively use the tools of individual conferences and unit meetings

Faculty: Ruth McMonagle, LISW-S, LSW, MBA
Date: April 24, 2015
Time: 9:00 am- 4:00 pm
Place: 2017 CL
CE: 6 hours (LSW/LCSW, LPC, LMFT)

THE SPORTS AND RECOVERY PROGRAM

The Sports and Recovery program is a unique form of treatment that seeks to address physical fitness as well as mental health and substance abuse issues through an Holistic approach. This creative type of treatment represents a paradigm shift from the traditional stance. It seems that if Sports and general physical fitness are used properly in the issues of treatment, it could produce tremendous results.

Here in Pittsburgh the objective of this program is for individuals/clients to commit to a 5-month program, which includes training for and participating in a 5K fitness run-walk sponsored by the Steelers and Gatorade, as well as competing in other fitness activities such as basketball, among others sports. The ultimate goal of the program is for each participant to pursue a healthy active lifestyle, "a fit lifestyle" that signifies a step-by-step journey toward abstinence and sobriety.

Through this half-day workshop helping professionals will learn to:

- Write a program proposal to gain community support and corporate sponsorship
- Involve various treatment modalities, (e.g, Transactional Analysis, Motivational Interviewing, R.E.T.)
- Neurobiology of wellness programs so that when the brain works right, you work right
- Need for psycho-educational didactic groups to process thought and feeling and to educate.
- Enlist participation in fun activities that use our humanity
- Resiliency and how to teach it to clients through wellness programs for recovery.

Faculty: Jared Weber, MA, LPC.
Date: April 17, 2015
Time: 9:00 am – 12:00 Noon
Place: 2017 Cathedral of Learning
Fee: $75
CE: 3 hours (LSW/LCSW, LPC, LMFT)
AFROCENTRIC INTERVENTION PARADIGM: AN OVERVIEW OF INTERVENTION PERSPECTIVES, CONTENT, AND APPLICATION METHODS

Successful use of Afrocentric ideas, theories, and frameworks in human service programs illustrates that many African Americans respond and engage more readily because the interventions uniquely value and understand their historical experiences and include their cultural influences as “protective” factors. A critical assertion is that many therapists and counselors misdiagnose and mislabel African Americans’ emotional and mental disorders by excluding analysis of the effects of various forms of “risk” and “protective” factors in their diagnoses and treatment process. Thus, this workshop reviews how human service interventions can be designed to be culturally proficient by incorporating the Afrocentric paradigm. This workshop’s major learning goals are to understand and able to articulate:

- Major components of Afrocentric Intervention Paradigm.
- Common socio-cultural risk vs. protective factors among contemporary African Americans.
- How troubled African Americans need to be debriefed of the impacts of past and modern threats.
- Unique definitions of ten (10) culture-related intervention terms that directly reflect the Afrocentric paradigm.
- Successful case examples of the theory and intervention application

Faculty: T. Rashad Byrdsong
Date: May 15, 2015
Time: 9:00 AM – 12:00 Noon
Place: 2017 Cathedral of Learning
Fee: $75
CE: 3 Hours (L/LCSW. LPC, LMFT, Psych, NBCC)

SELF-ESTEEM IN CHILDREN AND YOUTH

This workshop is designed to help all professionals working with children and youth to develop self-esteem. It will cover a range of ideas, techniques, and methods to empower children and youth to feel worthwhile, capable, loveable, and more responsible. Workshop participants will improve their ability to communicate with children and youth and better understand our responsibility in giving them this unique and essential foundation. Through this workshop you will learn to:

- Define self-esteem
- Appreciate seven (7) ways to nurture self-esteem
- Teach professionals, parents, and caregivers affirmations to use with children and youth
- Provide useful tips on building self-esteem
- Empower children and youth to see themselves as being worthwhile, capable, loveable, and responsible
- Give children and youth a greater self-image

Faculty: Sr. Madeleine Rybicki, MS, CSFN
Date: June 5, 2015
Time: 9:00 am – 4:00 pm
Place: 2017 CL
CE: 6 hours (LSW/LCSW, LPC, LMFT)
UNDERSTANDING AND TREATING EATING DISORDERS

This training aims to heighten awareness of both the nature and prevalence of eating disorders (ED), as well as increase awareness of clinician’s knowledge of eating disorders and the therapeutic skills to assess individuals with ED. You will learn basic clinical techniques in working with individuals with ED and gain resources for sharing with clients. In this training participant will learn:

- About disordered eating, including facts, research and recognition.
- What is an eating disorder using a continuum to identify particular behaviors, thoughts and emotions.
- To implement a formal assessment.
- Various therapeutic stances to take in working with individuals with ED.

Faculty: Gina M. Fitzmartin, M.Ed. CAC, LPC
Date: April 10, 2015
Time: 9:00 AM – 4:00 PM
Place: 2017 Cathedral of Learning
Fee: $115
CE: 6 hours (L/CSW, LPC, LMFT, Psych)

SEXUAL ADDICTION AND SEXUAL COMPULSIVITY

Sexual addiction and sexual compulsivity can present challenges to our therapeutic work with individuals and couples. This workshop will help in you clinical practice and will approach these challenges in the following ways:

- Defining sexual addiction and how it can be distinguished from related problems like affairs, avoidance of intimacy, and other issues.
- Providing and explaining tools that are available to clinically evaluate a client and arrive at a diagnosis. We will also discuss the initial assessment session with a client and the essential information to gather. The “controversial” diagnosis debate will also be covered.
- Describing the theory behind Patrick Carnes' approach in which I was trained, based on his extensive research and practice. Explain treatment models that can be applied in treating sexual addiction, such as the 12-step model, cognitive-behavioral approach, and the psychodynamic approach. Case studies will be provided.
- Sharing information on treatment providers - both outpatient and inpatient - on books, training centers, professional organizations, referral and resource finders, self-tests, websites, et all, where clinicians can find information for themselves and their patients.

Faculty: Christine L. Cook, MA, MSW, LCSW
Dates: May 1, 2015
Time: 9:00 AM - 4:00 PM
Place: 2017 Cathedral of Learning
Fee: $115
CE: 6 hrs (L/CSW, LPC, LMFT, Psych, NBCC)
INTERNAL FAMILY SYSTEMS THERAPY: An Innovative Treatment Model for Responsible Self-Leadership

Internal Family Systems, developed and refined over the past thirty years by Richard C. Schwartz, is a model of therapy that is rapidly gaining wide-spread acclaim for its practicality, efficacy of outcomes, and non-pathologizing tenets. It has proven effective in work with adults and children, as well as in contexts of addressing many and varied presenting problems. IFS elegantly utilizes principles of balance, harmony, and personal development that are consistent across spectra of person, couples, families, cultures, and even nations. IFS is devoted to the support of clients’ realization of the reality of their own capacity and resources to effect significant change in their psycho-social-spiritual sensibilities, with resultant development of self-leadership that is calm, clear, compassionate, creative, and courageous. IFS also richly supports personal accountability in pursuit of self-respect, self-care, and self-direction in the work of meaningful relationships. This workshop will explore the structure and processes of the Internal Family Systems model and include several extended demonstrations of this therapeutic approach in role-played scenarios. Through this workshop you will learn to:

- Identify 3 essential principles of action/interaction characteristic of sub-personalities or “inner parts.”
- Name the 3 groups/categories of inner parts of the Internal Family Systems model, and the fundamental functions of each.
- Describe 8 qualities of the “Self” of responsible inner-direction/leadership.
- List 8 fundamental procedural steps of the Internal Family Systems model.
- Identify & discuss elements of the above as demonstrated in role-played psychotherapeutic sessions

Faculty: Kevin Henry, M.Ed., MSW, LSW.
Date: October 17, 2014
Time: 9:00 AM – 4:00 PM
Place: 2017 Cathedral of Learning
Fee: $115
CE: 6 hrs (L/LCSW, LPC, LMFT, Psych, NBCC)

PALLIATIVE CARE AND OLDER ADULTS: A Good Idea Facing Challenges

Two of every three older adults have multiple chronic conditions to manage, and their treatment makes up about 66% of the nation’s health care costs (CDC, 2013). By definition these conditions are not “curable,” and chronic conditions are the leading causes of death among older adults with heart disease, cancer, chronic lower respiratory diseases, stroke, Alzheimer’s disease, and diabetes representing nearly 70% of all older adult deaths for 2007-2009 (CDC, 2013). These conditions can lead to diminished quality of life and reduction in independence often lasting for extended periods prior to their becoming life limiting. Palliative care by definition—care provided by an interdisciplinary team which relieves symptoms, pain, and stress and improves quality of life for patients with serious illness and their families (Center to Advance Palliative Care, 2014)—provides a response to this challenge. This program will define and explore palliative care. We will discuss core social work skills which can be used to help patients and families use it as to guide treatment. We will explore evidenced based practices for advance care planning that are consistent with palliative care. Finally, we will explore social work’s unique role on the palliative interdisciplinary team. By the end of this presentation, participants will:

- Be able to articulate what palliative care is and distinguish it from other forms of care;
- Articulate the social worker’s role on the palliative care team;
- Place palliative care in the context of advance care planning and evidence based practices in advance care planning; and
- Identify social work skills which are particularly helpful for palliative care social work

Faculty: Elizabeth Mulvaney, MSW, LCSW
Date: May 29, 2015
Time: 9:00 am – 12 Noon
Place: 2017 CL
Fee: $75
CE: 3 hours (LSW/LCSW, LPC, LMFT)
Becoming a Licensed Social Worker or Licensed Clinical Social Worker in Pennsylvania requires a computerized examination at the intermediate level as conducted by the Association of Social Work Boards (ASWB). This workshop will overview both LSW & LCSW preparation and

- Review suggestions for study and readings, including review of the Manual.
- Review the Social Work Code of Ethics as essential to the exams
- Learn helpful test-taking and exam preparation hints, as well as the ASWB procedures.
- Complete and review a practice exam

Faculty: Virginia “Ginny” Vayda, LCSW, ACSW  
Dates: Saturday, November 15 2014  
Time: 9:00 AM – 4:00 PM  
Place: 2017 Cathedral of Learning  
Fee*: See NASW-PA website www.nasw-pa.org

Register for Exam Prep Workshops only at: www.nasw-pa.org  
Or NASW-PA 1-800-272-6279  
Join NASW for registration discount
CE FACULTY

T. Rashad Byrdsong Community Empowerment Association Inc. (CEA) in 1994 to address the needs of the children, youth, adults, and families among African American communities. CEA utilizes an Afrocentric strategy of integrating culture, social identity and empowerment techniques to effectively achieve desirable intervention goals and objectives. Since its inception in 1994, CEA has served over 14,000 children, youth and families residing in 48 neighborhoods, enrolled in 74 schools and 9 school districts within Pittsburgh and Allegheny County. Mr. Byrdsong has received numerous professional awards, including an Esprit Award of the Mental Health Association of Allegheny County, Community Advocacy Award, YouthWorks Program of Distinction, African American Community Service and Leadership Award, and a number of others for his contributory services to needy African American families and children. His Afrocentric model at CEA has been studied and reviewed in academic journals.

Christine L. Cook, MA, MSW, LCSW, ART-BC, is a full-time private, practice therapist with over 21 years of clinical experience, including 16 years working with sexual addictions as a primary therapist at the Sexual Recovery Institute in Los Angeles, CA. She is also a registered/board-certified art therapist. A members of the Society for the Advancement of Sexual Health, Christine has also presented locally and nationally on her work.

Gina M. Fitzmartin, M.Ed. CAC, LPC has worked as a therapist and social worker for over thirty years. She has helped a wide variety of people face their problems and find solutions that meet an individual’s special circumstances. Gina has advanced training from the Cleveland Gestalt Institute specializing in Physical Process work. In addition she has also completed professional training for eating disorders, addictions and sexual and physical abuse. And finally, Gina works with families who have lost loved ones to suicide. She teaches at the University Of Pittsburgh School Of Social Work in the continuing education department, The Cleveland Gestalt Institute, The Pittsburgh Gestalt Institute as well as providing training for various agencies. Gina also provides consultation for professionals on eating disorders.

Don Goughler, MSW, has been serving as Executive in Residence for Capacity Building at The Forbes Funds for the past six months. For the previous 15 years, he was President and CEO of Family Service of Western Pennsylvania and was Executive Vice President and CEO of Southwestern Pennsylvania Human Services, Inc. for 11 years before joining Family Services. Goughler has been an adjunct instructor at the University of Pittsburgh for the past 20 years where he teaches graduate courses in management.

Kevin Henry, M.Ed., MSW, LSW, is the Inpatient Unit Counselor and Program Bereavement Care Coordinator at Forbes Hospice, and the sole proprietor of Grateful Heart Therapy, through which service he provides counseling for individuals, couples, families, and business consultations. Internal Family Systems is the great and beautiful discovery of his prolonged quest for a psychotherapeutic model that relentlessly embraces the power and intricacies of the “within and between” of persons, and his trainings with IFS developer Richard C. Schwartz have been among the most gratifying of his professional pursuits—no less than a long-awaited answer to a long-posed prayer.

Ruth McMonagle LISW-S, LSW, MBA, has over 35 years professional experience (including 13 years in the child welfare field) in behavioral science and human relations and possesses a sound understanding of human behavior. Her background includes extensive management, supervisory, personnel and sales experience in both a “hands-on” and consultative role. Ruth has trained at all levels of the organizational structure in settings as diverse as hospitals, government and private social service agencies, utility companies, banking, retail, engineering design firms, manufacturing and fabricating settings. In addition, Ruth has been an adjunct faculty member for several Ohio colleges and universities, and she received the Distinguished Service in Training Award from the National Staff Development and Training Association in 2008.

Elizabeth Mulvaney, MSW, LCSW is a lecturer at the University of Pittsburgh School of Social Work. She coordinated the School’s Hartford Partnership Program for Aging Education from 2005-2011. Beth has 15 years practice experience as a gerontological social worker providing care management and program administration, as well as experience in long-term care, with an emphasis on behavioral care planning, dementia care and end of life care. Her current research and practice interests include gerontology, ethics, palliative care and problem gambling prevention for older adults.

Continued on page 14}
CERTIFICATIONS

SOCIAL WORK AND OTHER CONTINUING EDUCATION CERTIFICATION

LSW/LCSW: As a Council on Social Work Education accredited school of social work the School is a Pennsylvania pre-approved provider for social work continuing education. Programs also provide continuing education for LPC and LMFT.

National Board of Certified Counselors (NBCC): The University of Pittsburgh is an approved continuing education provider for counselors; please note your NBCC practitioner number when registering for programs.

Certified Addiction Counseling (CAC): The School maintains its status as an approved continuing education provider under the Pennsylvania Board on Addiction.

Certified Employee Assistance Professional (CEAP): Certification for professional development hours is provided under the auspices of the Employee Assistance Accrediting Commission of the Employee Assistance Professional Association.

Psychologists (Psych): The noted programs are co-sponsored by Western Psychiatric Institute and Clinic (WPIC) and the University of Pittsburgh School of Social Work. WPIC is approved by the American Psychological Association to offer continuing education for Psychologists. WPIC maintains responsibility for these programs and their content. Each program is being offered for the designated number of continuing education credits.

NCGC: Gambling Counseling programs are approved for continuing education by the National Council on Problem Gambling.

Handicapped Access: We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Please, notify us two weeks in advance of program.

FACULTY

Sr. Madeleine Rybicki, CSFN, MS, is a training consultant with Holy Family Institute who presented regionally, nationally, and internationally on children and youth care. She has also been an adjunct faculty member for the School of Social Work and the University’s Child Development and Child Care Program of which she is an alumna and a recent School of Education distinguished alumna. Sr. Madeleine has served as coordinator of the Education and Training Committee of the National Organization of Child Care Workers and as president of the Academy of Child & Youth Care Professionals.

Ginny Vayda, LCSW ACSW, CMC, is Supervisor of Social Work, OEF/OIF/OND, Homeless Care Continuum and Veteran Employment Services at the James E. Van Zandt VA Medical Center, Altoona, PA. She was formerly The Victim Advocate Supervisor for MHN Government Services-HealthNet, Inc., working with clinical services to active military members and their families. She is also an adjunct faculty member at several schools of social work. She has more than twenty years experience in medical social work.

Jared Weber, MA, LPC, is a counselor at Alliance Medical Services and previously worked at UPMC dual-diagnosis inpatient client, Jefferson Regional Hospital in outpatient care, and Minirth-Meier New Life’s dual-diagnosis, inpatient unit. Jared has run eight (8) marathons, including New York City. He is co-founder of a non-profit program of mountain bicycle riding across the United States to Los Angeles working with America’s youth that is sponsored by Nike and Coca-Cola.

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