What is sustainability and sustainable development...and why is it important to social work? All definitions of sustainable development require that we see the world as a system—a system that connects space; and a system that connects time. We also understand that quality of life is a system, too. It's good to be physically healthy, but what if you are poor and don't have access to education?

Social Work is grounded in ecological systems theory, the theory and practice of seeing “person in the environment.” We have been at the forefront of the sustainability movement before there was a sustainability movement working at micro, mezzo and macro systems that sustain individuals, families, groups, organizations, communities, society and political, economic and cultural environments that shape and sustain progress and social justice. 2014-2015 will be the Year of Sustainability at Pitt. To learn more about Sustainability Development and social work connections see p. 4.

PA Act 31 Training—Now Available On-Line
(This is a Free Training Program—see details on p. 4)
Licensed professionals in Pennsylvania are now subject to new training requirements for “recognizing and reporting child abuse” that must be completed by the end of this licensing period. (2-28-15) LSW/LCSW, LPC, and LMFT professionals can take advantage of the School of Social Work’s new online training program at: www.reportabusepa.pitt.edu
The following are continuing education providers in the University/School network for whom the School of Social Work regularly co-sponsors social work continuing education for a variety of workshops, conferences, and other training.

Child Welfare Competency-Based Training Program (CBT) is a component of the School of Social Work’s Child Welfare for Education and Leadership initiative that provides a range of educational and training programs across Pennsylvania.

www.pacwcbt.pitt.edu

Western Psychiatric Institute & Clinic (WPIC) Office of Educational and Regional Programming (UPMC)

www.wpic.pitt.edu/oerp

PA/Mid-Atlantic AIDS Education & Training Center (School of Public Health)

www.pamaaetc.org

Pittsburgh Pastoral Institute
Pastoral Counseling, Spirituality & More

www.ppi-online.org  412-661-1239

Western Pennsylvania Family Center
Bowen Theory, Family Therapy, and more

www.wpfcc.net  412-362-2295

IRETA (Institute for Research, Education & Training in Addiction)

www.ireta.org  412-391-4449

Community Care Behavioral Health
Mental Health, Managed Behavioral Health, and other training for clinical practice and recovery

www.ccbh.com  412-454-2120

SEE OUR ONLINE CO-SPONSORSHIP LINK ON THE SCHOOL’S WEBSITE
WWW.SOCIALWORK.PITT.EDU

NASW & NASW-PA News
Southwest Division Updates

WELCOME NEW NASW LEADERS
Meet Our New NASW Leadership

Angelo McClain, PhD, LICSW
CEO NASW

Darrel Wheeler, PhD, LCSW
President NASW Board

2014 NASW-PA STATE CONFERENCES
In Eastern & Western PA
Info: www.nasw-pa.org
October, 16-18, 2014
Radison Valley Forge Hotel
King of Prussia, PA

November 6-8, 2014
Doubletree Hotel
Monroeville PA

Join NASW
www.nasw-pa.org
1-800-272-6279
Social Workers
Help Starts Here

LSW Exam Prep Workshop at Pitt
SSW Saturday, November 15, 2014
The School of Social Work’s Center on Race and Social Problems offers an annual speaker series to provide an opportunity for faculty, students, and members of the public to engage in race-related discussions on timely topics. Each event in the series is held 12:00–1:30 pm in the School’s conference center, 2017 Cathedral of Learning. Lunch is provided, and registration is not required. Join us at these important lectures for Fall 2013:

Wednesday, January 21
“Try on the Outfit and Just See How It Works:” The Psychocultural Responses of Disconnected Black Youth to Work
Orlando Patterson, John Cowles Professor of Sociology, Harvard University

Wednesday, February 25
“The Collision of Race and Criminal Justice: Lesson from the Aftermath of Ferguson”
David Harris, Distinguished Faculty Scholar * Professor of Law, University of Pittsburgh

Tuesday, March 17
“The Crisis of College Access for Students of Color”
Gary Orfield, Distinguished Research Professor of Education, Law, Political Science, and Urban Planning, and Coordinator, Civil Rights Project at University of California, Los Angeles

Thursday, April 23
“The End of the Black Metropolis”
Mary Pattillo, Professor of Sociology and African American Studies, Northwestern University

Keep informed on CRSP research and programs. Videos of past lectures are also available online at:
www.crsp.pitt.edu or 412-624-7382

The Fall 2013 Series is generously underwritten by BUCHANAN INGERSOLL & ROONEY
ONLINE REGISTRATION SYSTEM IN PLACE

The School of Social Work Continuing Education Program has an online Registration and Database. Last year the CE Program transferred all co-sponsored programs for the new licensing period, into the its ActiveNet online database system. We are now providing a self-serve registration system that will also track your participation in programs sponsored or co-sponsored through the School. cooperation as we work to assure this system is working for you...and us.

NOW YOU CAN REGISTER ONLINE
VISIT OUR NEW ONLINE REGISTRATION SYSTEM AND CREATE YOUR OWN ACCOUNT

Go To Continuing Education on our Social Work Webpage at www.socialwork.pitt.edu and click on the Online Registration Link

NEW STATE ACT 31 CHILD ABUSE REPORTING TRAINING

The Commonwealth of Pennsylvania recently enacted a new legislation around child abuse prevention and intervention in the wake of the Sandusky scandal, and now Act 31 has promulgated a series of new regulations that affect the work of helping professionals. This fall the Department of Welfare - now the Department of Human Services—has enacted regulations under this law that require new training for all licensed professionals in Pennsylvania to address “recognizing and reporting child abuse.” For LSW/LCSWs, LPCs, and LMFTs, this new training must be completed by the current license deadline (2-28-15). The School of Social Work at the University of Pittsburgh through its Child Welfare Resource Center and Continuing Education Program are pleased to announce a new and free Act 31 Online Training, which is available at: www.reportabusepa.pitt.edu

Other Licensed Professional, please, consult with your PA licensing board or visit the DPW website

SOCIAL WORK AND SUSTAINABLE DEVELOPMENT

Join the University Pittsburgh & SSW as We Explores Sustainability

SUSTAINABILITY refers to the endurance of systems and processes. The organizing principle for sustainability is sustainable development, which includes the four interconnected domains of ecology (environment), economics, politics and culture.

What is Sustainable Development?
It means environmental, economic and social well-being for today and tomorrow for everyone.

Sustainable development has been defined in many ways, but the most frequently quoted definition is from Our Common Future, also known as the United Nation’s Brundtland Report (Marcy 20, 1987)...

Sustainable development is development that meets the needs of the present without compromising the ability of future generations to meet their own needs. It contains within it two key concepts:

- the concept of needs, in particular the essential needs of the world's poor, to which overriding priority should be given; and
- the idea of limitations imposed by the state of technology and social organization on the environment's ability to meet present and future needs.

There are three approved avenues for social work continuing education in Pennsylvania:

- **Pre-Approved Providers:** Six pre-approved providers are noted in Pennsylvania’s enabling legislation for social work licensing, including the Council on Social Work Education - accredited schools of social work, NASW Chapters and their divisions.

- **Provider Approval:** CE certificates from these programs must show the PA licensing board approval number.

- **Individual Approval:** Any social worker may request an individual continuing education approval for attending an event on your own, e.g., national or state conference. However, you must submit an application (it can be faxed) at least 24 hours prior to attending the continuing education event. Forms can be requested from the state board or online (See URL above)

Current PA regulations for social work continuing education are available online, as are the regulations for licensed marriage and family therapist and professional counselors.

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**AFFORDABLE HEALTH CARE IS HERE**

**Enroll America** has come to Pennsylvania. Bill England, COSA alumni, is the State Director for this exciting campaign. Offices will be opened in both Philadelphia and Pittsburgh by late summer, and Field Staff will be organizing around the state. The work of EA will focus on conducting grassroots work to inform person’s presumptively eligible for health coverage through the Affordable Care Act. The next Enrollment opens nationwide in November 2014.

**Enroll America** is a nonpartisan 501(c)(3) organization whose mission is to maximize the number of uninsured Americans who enroll in health coverage made available by the Affordable Care Act. Enroll America is a collaborative organization, working with partners that span the gamut of health coverage stakeholders—health insurers, hospitals, doctors, pharmaceutical companies, employers, consumer groups, faith-based organizations, civic organizations, and philanthropies—to engage many different voices in support of an easy, accessible, and widely available enrollment process.

For further information and to learn how to connect with and become involved, please visit www.enrollamerica.org

**AFFORDABLE HEALTH CARE SIGN-UP/INFORMATION SESSIONS FOR 2015**

**ALL EVENTS TO BE HELD IN 2017 CATHEDRAL OF LEARNING FROM 12:00 NOON - 6:00 PM**

Monday, January 19, 2015
Monday, February 10, 2015
ONLINE INTRODUCTION TO INTERGENERATIONAL PROGRAMS

This course is on-line, interactive experience based on the success of Generations Together Intergenerational Training Institute at the University of Pittsburgh. The fall on-line course is designed to help you develop the skills needed for success in the intergenerational field. Students read course materials, do on-line assignments, discuss the content with fellow students and instructors, and follow step-by-step procedures to complete the individual units.

In this abridged summer version of our 12-week course (See page 4) students learn useful, concrete principles that can help enhance your professional development. After completing the course, you will have a better understanding of skills needed to develop intergenerational programs and how to apply them.

After completing this course, you will be able to:

- Explain the rationale for intergenerational programs as a social intervention model
- Formulate a design/plan for an intergenerational program
- Develop a process to engage community support for intergenerational programming
- Develop the basic skills to implement intergenerational program components
- Recruit, train, and manage participants and staff in intergenerational programming
- Evaluate an intergenerational program

Faculty:  Cathy Tompkins, PhD, Course Coordinator and Generations Together Training Program Faculty

Dates:  13 weeks September - December 2015

NEXT ON-LINE COURSE CYCLE

Time: your convenience  
Place: your computer

Fee: $350 + text ($40)

CE: 30 hrs (L/CLSW, LMFT, LPC, NBCC)

Tuition:  Per credit rate + part-time student fees & text

Credits: 2 graduate (College of General Studies only)

For course information:
Cathy Tompkins, course Coordinator
703-993-2838  or ctompkin@gmu.edu

For course registration: Contact the CE Office
**COMMUNITY BUILDING & SOCIAL ADMINISTRATION**

**ADVOCACY AND LOBBYING 101 FOR NONPROFIT ORGANIZATIONS**

This full day workshop will prepare you for how your nonprofit organization can engage in effective public policy advocacy and lobbying on behalf of your mission and the people it serves. It will also support you in better engaging your board and constituencies in those advocacy and lobbying efforts.

Nonprofit executives, key staff, and board members are invited. The following core topics will be covered with a focus on best practices and practical approaches for your agency to implement:

- Framing the importance of advocacy and lobbying for nonprofits – what is at stake
- Legal aspects of lobbying
- The rules of advocacy and lobbying
- National Voter Registration Act, Voter registration, impact of engagement campaigns, tracking
- The need for homework – fact finding, where to find the facts & how to track the changes
- Developing connections to state and national groups for information
- Determining why to formally join coalitions for advocacy and lobbying information
- The role of advocacy coalitions and coordination
- Criteria to determine if the coalition will achieve your agency’s advocacy goals
- Internal and external accountability
- 10 Common elements of a successful advocacy campaign
- Choosing strategies and tactics
- Implementing the plan

**Faculty:** David Coplan, MSW/MPA

**Dates:** February 27, 2015

**Time:** 9:00 am - 4:00 pm

**Place:** 2017 Cathedral of Learning

**Fee:** $115

**CE:** 6 hours (L/LCSW, LPC, LMFT)

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**ACT 31 TRAINING**

**Recognizing & Reporting Child Abuse**

**FREE & ON-LINE**

The School of Social Work at the University of Pittsburgh through its Child Welfare Resource Center and CE Program are now providing free training online to meet your Act 31 requirements at:

[www.reportabusepa.pitt.edu](http://www.reportabusepa.pitt.edu)

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**Social Work Ethics Online Workshop**

**SOCIAL WORK ETHICS UPDATE**

**ONLINE WORKSHOP**

Licensed Social Workers and Licensed Clinical Social Workers in Pennsylvania are required to complete at least three hours of continuing education on ethics content each license renewal period as part of their 30 hours of continuing education. This new online workshop is our easily accessible opportunity to address this requirement. In this workshop you will:

- Use the Social Work Code of Ethics as a guideline to review common ethical principles that impact everyday practice
- Learn ethical decision-making frameworks and tools that you can apply in your practice
- Work on cases to help strengthen your understanding of issues, guidelines and tools for effective and ethical social work practice.

**Faculty:** Virginia “Ginny” Vayda, LCSW, ACSW

**Dates:** Wherever you have internet access

**Time:** When convenient for you

**Place:** Home, office or wherever are online

**Fee:** $65

**CE:** 3 hours (L/LCSW, LPC, LMFT) for Ethics
CONTINUING EDUCATION

SOCIAL WORK ETHICS UPDATE
Licensed Social Workers and Licensed Clinical Social Workers in Pennsylvania are required to complete at least three hours of continuing education on ethics content each license renewal period as part of their 30 hours of continuing education. This new online workshop is our easily accessible opportunity to address this requirement. In this workshop you will:

♦ Use the Social Work Code of Ethics as a guideline to review common ethical principles that impact everyday practice
♦ Learn ethical decision-making frameworks and tools that you can apply in your practice
♦ Work on cases to help strengthen your understanding of issues, guidelines and tools for effective and ethical social work practice.

Faculty: Virginia “Ginny” Vayda, LCSW, ACSW
Dates: January 24, 2015
Time: 9:00 AM - 12:00 Noon
Place: 2017 Cathedral of Learning
Fee: $65
CE: 3 hours (L/LCSW, LPC, LMFT) for Ethics

SSW ALUMNI AND STUDENTS
Alumni Awards Luncheon & Continuing Education Forum
Date: Friday, October 24, 2014
CE Forum: 10:00 am – 12:00 pm
Awards Luncheon: 12:00 – 1:00 pm
Pittsburgh Athletic Association
University of Pittsburgh
CE: 2 hours (LSW/LCSW)
Fee: $25 (includes lunch)
It’s Homecoming Weekend

MINDFULNESS HEALTH & HUMAN SERVICES - LEVEL I
Fall 2014 & Winter 2015 Workshops
Social Workers, Psychologists and Health Professionals deploy personal commitment and professional skills to care for their clients or patients. While they do so, who looks after the caregiver? Stress and even burnout are not uncommon. In this workshop, mindfulness is offered as a practice – a path of enhanced awareness and joy leading to increased clarity and calm. Approached in this way, mindfulness can have a powerful positive effect on professional practice and benefit individuals, families, groups or communities.
Participants will experience mindfulness meditation directly, particularly sitting and walking meditation, in a secular setting. They will gain increased knowledge, skill and understanding of the practice of mindfulness and its application to a range of personal and professional settings. Specifically, they will:

♦ Increase understanding of the day-to-day benefits of mindfulness,
♦ Practice looking and listening deeply to allow for new insights on familiar issues or challenges,
♦ Learn mindful exercises and their relevance to professional work,
♦ Review scientific data on the impact of mindfulness and its applications in health and human services settings,
♦ Apply learning to self-care and work with others.

Faculty: Denys Candy, MSW and Colleague
Dates: October 3, 2014 and February 13, 2015
Time: 9:00 AM - 4:00 PM
Place: 2017 Cathedral of Learning
Fee: $115 (includes a Mindful Lunch with CE)
CE: 7 hours (LSW/LCSW, LPC, LMFT, Psych)

YOUR CHOICE OF FALL OR WINTER DATES
CE PROGRAMS & EVENTS
(Clinical Programs Co-Sponsored by Western Psychiatric Institute and Clinic)

CLINICAL PRACTICE

The noted programs are co-sponsored by Western Psychiatric Institute and Clinic (WPIC) and the University of Pittsburgh School of Social Work. WPIC is approved by the American Psychological Association to offer continuing education for Psychologists. WPIC maintains responsibility for these programs. Each of the noted programs is being offered for the designated number of continuing education credits.

OVERVIEW OF RECOVERY MODELS IN BEHAVIORAL HEALTH

This workshop will provide an overview of the common recovery models used in mental health and substance use disorder disciplines. The presentation will cover the universal principles of recovery and how these models have incorporated wellness and peer support to promote long-term recovery in the community. From this workshop you will be able to:

- Identify recovery principles found in both mental health and substance use disorder models of recovery.
- Appreciate three universal principles found in both recovery models.
- Examine how wellness and peer support strategies have been incorporated into these models to promote long-term recovery.

Faculty: Paul Wittman, MSW, LSW, MPA
Date: October 31, 2014
Time: 9:00 AM – 12:00 Noon
Place: 2017 Cathedral of Learning
Fee: $65 ($115 for both CCBHO workshops)
CE: 3 hours (L/CSW, LPC, LMFT, Psych)

DEVELOPING EMPATHY FOR THE LIVED EXPERIENCE OF PSYCHIATRIC DISABILITY: A SIMULATION OF HEARING DISTRESSING VOICES

"Hearing Distressing Voices" is a groundbreaking training developed by Pat Deegan, Ph.D., that helps mental health professionals understand the challenges that face people with psychiatric disabilities. During the three-hour training participants listen to distressing voices through headphones while completing a series of tasks such as taking a mental status exam in a mock psychiatric emergency room. Afterwards, during the debriefing, even veteran mental health practitioners say that they have gleaned new insights into the strength and resilience of those of us with psychiatric disabilities. Through this half-day workshop you will learn:

- The types and varieties of voice hearing experiences.
- To increase empathy and understanding of the experience of hearing distressing voices.
- Effective ways of helping people who hear distressing voices.

Faculty: Paul Wittman, MSW, LSW, MPA
Date: January 16, 2015
Time: 9:00 AM – 12:00 Noon
Place: 2017 Cathedral of Learning
Fee: $65 ($115 for both CCBHO workshops)
CE: 3 hours (L/CSW, LPC, LMFT, Psych)

AND IN 2015
# Workshops in Johnstown & Pittsburgh

## UNDERSTANDING AND USING THE DSM-5

The new Diagnostic Statistical Manual- Fifth Edition is out after a long period of debate and discussion to significantly revised some aspects of mental and behavioral health classification and diagnosis. As the most important guide and reference in mental health diagnosis for intervention and treatment, the DSM-5 is an essential tool in clinical practice. This workshop will help you in understanding and using this tool. Through this workshop you will:

- Gain an understanding and appreciation for the major and more subtle revisions of the DSM-5;
- Learn how to use this diagnosis manual in your agency and/or private practice;
- Work on and discuss case applications to aid understanding and application of this clinical diagnosis and treatment tool.

**Faculty:** Christina Newhill, LCSW, PhD

**Dates:** October 11, 2014  (JOHNSTOWN)

**Time:** 9:00 AM - 4:00 PM

**Place:** Cambria Rm/Student Union - Pitt-Johnstown

**Fee:** $115

**CE:** 6 hrs (L/LCSW. LPC, LMFT, Psych, NBCC)

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## INTERNAL FAMILY SYSTEMS THERAPY: An Innovative Treatment Model for Responsible Self-Leadership

Internal Family Systems, developed and assiduously refined over the past thirty years by Richard C. Schwartz, is a model of therapy that is rapidly gaining wide-spread acclaim for its practicality, efficacy of outcomes, and non-pathologizing tenets of conceptualualization. It has proven effective in work with adults and children, and in contexts of address for many and varied presenting problems. IFS elegantly utilizes principles of balance, harmony, and personal development that are consistent across spectra of person, couples, families, cultures, and even nations. IFS is devoted to the support of clients’ realization of the reality of their own capacity and resources to effect significant change in their own psycho-social-spiritual sensibilities, with resultant development of self-leadership that is calm, clear, compassionate, creative, and courageous, while also richly supportive of personal accountability in their pursuit of self-respect, self-care, and self-direction in the work of meaningful relationships. This workshop will explore in detail the structure and processes of the Internal Family Systems model, and include several extended “in vivo” demonstrations of this therapeutic approach in role-played scenarios. Through this workshop you will learn to:

- Identify 3 essential principles of action/interaction characteristic of sub-personalities or “inner parts.”
- Name the 3 groups/categories of inner parts of the Internal Family Systems model, and the fundamental functions of each.
- Describe 8 qualities of the “Self” of responsible inner-direction/leadership.
- List 8 fundamental procedural steps of the Internal Family Systems model.
- Identify and discuss elements of 1-4 above as demonstrated in role-played psychotherapeutic sessions

**Faculty:** Kevin Henry, M.Ed., MSW, LSW.

**Date:** October 17, 2014

**Time:** 9:00 AM – 4:00 PM

**Place:** 2017 Cathedral of Learning

**Fee:** $115

**CE:** 6 hrs (L/LCSW. LPC, LMFT, Psych, NBCC)
WORKING WITH TRAUMATIZED CLIENTS

This continuing education training is for beginning and advanced clinicians in agency and private settings who come into contact with clients with both recent and long-term trauma histories. We will explore the impact of traumatic experiences on the client, the varied presentations of traumatized clients in a clinical setting, and ways to work safely to achieve more favorable outcomes. The day will combine lecture, experiential exercises, small and full group discussion of case examples from participants' and the trainer's practice on the following learning objectives:

- Post Traumatic Stress Disorder (PTSD) and Complex PTSD
- Coping skills and adaptations to trauma for trauma survivors
- Therapeutic boundaries in working with trauma survivors
- Developing a "safe container" for working with trauma survivors
- Clinical skills in working with trauma survivors--managing disclosures, taking a trauma history, when (and when not!) to work with traumatic material/memories

Faculty: Christie L. Hudson, MPA, MSW, LCSW  
Date: November 14, 2014  
Time: 9:00 AM – 4:00 PM  
Place: 2017 Cathedral of Learning  
Fee: $115  
CE: 6 hrs (L/LCSW. LPC, LMFT, Psych, NBCC)

SEXUAL ADDICTION AND SEXUAL COMPULSIVITY

Sexual addiction and sexual compulsivity can present challenges to our therapeutic work with individuals and couples. This workshop will help in you clinical practice and will approach these challenges in the following ways:

- Defining sexual addiction and how it can be distinguished from related problems like affairs, avoidance of intimacy, and other issues.
- Providing and explaining tools that are available to clinically evaluate a client and arrive at a diagnosis. We will also discuss the initial assessment session with a client and the essential information to gather. The “controversial” diagnosis debate will also be covered.
- Describing the theory behind Patrick Carnes' approach in which I was trained, based on his extensive research and practice. Explain treatment models that can be applied in treating sexual addiction, such as the 12-step model, cognitive-behavioral approach, and the psychodynamic approach. Case studies will be provided.
- Sharing information on treatment providers - both outpatient and inpatient - on books, training centers, professional organizations, referral and resource finders, self-tests, websites, et al, where clinicians can find information for themselves and their patients.

Faculty: Christine L. Cook, MA, MSW, LCSW  
Dates: December 5, 2014  
Time: 9:00 AM - 4:00 PM  
Place: 2017 Cathedral of Learning  
Fee: $115  
CE: 6 hrs (L/LCSW. LPC, LMFT, Psych, NBCC)
EMOTIONAL FREEDOM
TECHNIQUES: BEYOND THE BASICS
(TWO DAY INSTITUTE)

Emotional Freedom Techniques (EFT) or “tapping” on energy points of the human body, was developed by Gary Craig around 1994 after studying under Roger Callahan, PhD. Gary developed an elegant system of tapping on 14 energy meridians based in Chinese medicine and quantum physics. Since 1994 EFT has gone through growth and metamorphosis to become more refined and precise as a healing art.

Come and join me to learn how to help your clients heal more effectively and thoroughly than with traditional CBT alone. This workshop will teach what Emotional Freedom Techniques (EFT) are and how to integrate them with cognitive behavior therapy. The workshop will also teach updates of EFT in the 21st century and clinical application of EFT for mental health conditions, phobias and much more.

This workshop is instructional and experiential and through it you will learn:

• What Energy Psychology is
• What the subtle energies of the human body are.
• What Emotional Freedom Techniques are
• Muscle Testing
• Preparation of the human energy system before application
• EFT Basics, EFT updates and current research
• Clinical Applications of EFT for mental health conditions, addictions, children, surrogate tapping, distance tapping, working with animals, other.

Faculty: Joan Kaylor, MEd, LPC, NCC
Dates: January 30-31, 2015
Time: 9:00 AM – 4:00 PM (Each Day)
Place: 2017 Cathedral of Learning
Fee: $195 (for two-days)
CE: 12 hrs (L/LCSW, LPC, LMFT, Psych, NBCC)

Free EFT videos & The Art of Delivery Video Series – Gary and Tina Craig at www.JoanKaylor.com/EFTlink

THE DELIGHTFUL CHALLENGE & COMPLEXITY OF COUPLES WORK

This workshop will teach proven techniques for dealing with couples in your practice and offer specific approaches to couples therapy that allow both partners to leave your office more respectful of each other, more thoughtful about the way they communicate with each other and more likely to see how they each have a share of responsibility for their problems.

Through this workshop you will learn to:

• Learn REVIVE: a formula to build relationship longevity
• Be able to assess clients as either Too Little or Too Much; a new practical approach that can transform frustrations into understanding
• Identify The Karpman Drama Triangle & how it applies to couples

Faculty: Rhoda Mill Sommer, LSW, BCD, ACSW
Dates: February 6, 2015
Time: 9:00 AM - 4:00 PM
Place: 2017 Cathedral of Learning
Fee: $115
CE: 6 hrs (L/LCSW, LPC, LMFT, Psych, NBCC)

FORENSIC SOCIAL WORK

Working the challenging criminal justice and correctional environment requires a diverse set of skills and understanding. You must acquire a correctional mindset and recognize the stressors inherent in such an environment. Through this workshop you will learn the:

• Role of the Forensic Social Worker and a definition and understanding of services they provide;
• Methods of functioning, adapting, and coping;
• Interface between security and treatment as security and treatment staff must have an understanding.

Free EFT videos & The Art of Delivery Video Series – Gary and Tina Craig at www.JoanKaylor.com/EFTlink
of each other's goals, needs and priorities, which will be identified, to effectively work as a team;

- Continuum Of Care, including discussion of ancillary services available to provide continuity of care for the forensic consumer;
- Ethical Considerations that professionals face while working in the Criminal Justice System.

**Faculty:** Sharon Ciocca, LCSW, CCHP, CJM  
**Dates:** February 20, 2015  
**Time:** 9:00 AM - 4:00 PM  
**Place:** 2017 Cathedral of Learning  
**Fee:** $115

**LSW/LCSW EXAM PREPARATION**  
**Sponsored by NASW-PA**  
Becoming a Licensed Social Worker or Licensed Clinical Social Worker in Pennsylvania requires a computerized examination at the intermediate level as conducted by the Association of Social Work Boards (ASWB). This workshop will overview both LSW & LCSW preparation and

- Review suggestions for study and readings, including review of the Manual.
- Review the Social Work Code of Ethics as essential to the exams
- Learn helpful test-taking and exam preparation hints, as well as the ASWB procedures.
- Complete and review a practice exam

**Faculty:** Virginia “Ginny” Vayda, LCSW, ACSW  
**Dates:** Saturday, November 15 2014  
**Time:** 9:00 AM – 4:00 PM  
**Place:** 2017 Cathedral of Learning  
**Fee*: See NASW-PA website www.nasw-pa.org

Register for Exam Prep Workshops  
only at: www.nasw-pa.org  
Or NASW-PA 1-800-272-6279  
Join NASW for registration discount

**ADOLESCENT SELF-INJURIOUS BEHAVIOR**  
Social Workers and other Helping professionals working with adolescent in many youth services settings are often confronted by the many challenging behaviors, and self-injury is reflective of both biological and psychological harm. Understanding and intervening with this adolescent behavior requires helping professionals and youth care workers to:
- Gain an understanding of the multiple perspectives on the etiology of self-injury, including addiction, trauma, and bio-psychiatric theories;
- Identify common misperceptions regarding self-injury
- Become familiar with the many meanings and motivations associated with the act of self-inflicted violence

**Faculty:** Sr. Madeleine Rybicki, CSFN, MS  
**Dates:** October 10, 2014  
**Time:** 9:00 AM - 4:00 PM  
**Place:** 2017 Cathedral of Learning  
**Fee:** $115  
**CE:** 6 hrs (L/LCSW. LPC, LMFT, Psych, NBCC)

**SSW ALUMNI AND STUDENTS**  
**Alumni Awards Luncheon & Continuing Education Forum**  
**Date:** Friday, October 24, 2014  
**CE Forum:** 10:00 am – 12:00 pm  
**Awards Luncheon:** 12:00 – 1:00 pm  
**Pittsburgh Athletic Association**  
**University of Pittsburgh**  
**CE:** 2 hours (LSW/LCSW)  
**Fee:** $25 (includes lunch)  
**It’s Homecoming Weekend**
CE FACULTY

Denys Candy, MSW, is acting-Director of the Community Technical Assistance Center and President of the Community Partnership Institute based in Pittsburgh. Candy consults across the county, as well as in Ireland and the United Kingdom and the Far East. He has worked in planning and initiating Find the Rivers, a greenspace development initiative for the Hill District, and he works and trains on mindfulness in all aspects of social work and human services. Denys has been an adjunct COSA faculty member in the School of Social Work.

Sharon Ciocca, LCSW, is Certified as a Correctional Health Professional through the National Commission of Correctional Health Care, as well as a, Certified Jail Manager through the American Jail Association. She has worked a total of thirty-five years, in both the State Prison System and also at the county level. She is currently working in private practice as a therapist at the Couples and Family Counseling Center in McMurray, Pa. and also at Mt. Lebanon Psychological Diagnostics.

Christine L. Cook, MA, MSW, LCSW, ART-BC, is a full-time private, practice therapist with over 21 years of clinical experience, including 16 years working with sexual addictions as a primary therapist at the Sexual Recovery Institute in Los Angeles, CA. She is also a registered/board-certified art therapist. A members of the Society for the Advancement of Sexual Health, Christine has also presented locally and nationally on her work.

David Coplan, MSW/MPA, is Executive Director of the Human Services Center Corporation and the Mon Valley Providers Council, as well as Director of Advancing Academics. Coplan is an adjunct faculty member for both the School of Social Work and the Graduate School of Public and International Affairs at the University of Pittsburgh where he is an outstanding alumnus. received executive training at the Harvard Business School and in nonprofit lobbying. As a leader in the Greater Pittsburgh Nonprofit Partnership, An outspoken advocate for the nonprofit sector, this year he co-developed and taught a Masters level course in Advocacy and Lobbying at the School of Social Work.

Kevin Henry, M.Ed., MSW, LSW, is the Inpatient Unit Counselor and Program Bereavement Care Coordinator at Forbes Hospice, and the sole proprietor of Grateful Heart Therapy, through which service he provides counseling for individuals, couples, families, and business consultations. Internal Family Systems is the great and beautiful discovery of his prolonged quest for a psychotherapeutic model that relentlessly embraces the power and intricacies of the “within and between” of persons, and his trainings with IFS developer Richard C. Schwartz have been among the most gratifying of his professional pursuits—no less than a long-awaited answer to a long-posed prayer.

Christie L. Hudson, MPA, MSW, LCSW, is in private practice in Mt. Lebanon, PA and currently works as the Managing Director for the Center for Health and Care Work at the University of Pittsburgh. An MSW alumna of the University of Pittsburgh she first worked in trauma as a full-time therapist for Pittsburgh Action Against Rape (PAAR), working exclusively with adult survivors of recent and/or childhood sexual trauma. Christie is fully trained in Eye Movement Desensitization and Re-processing (EMDR) and developed and ran a program to provide EMDR treatment services to adult clients across PAAR, as well as to clients in private practice.

Joan Kaylor, MSEd, LPC, NCC, is a private practice therapist with individuals, couples and families, and specializes in treating depression, trauma recovery, anxiety and Trichotillomania/OCD. She is trained and practices in cognitive therapy, energy psychology and acupressure techniques (Tapas Acupressure®). Joan has also served as president of the Pennsylvania Counseling Association. Learn about Joan and her work: www.joankaylor.com

Christina Newhill, LCSW, PhD, is a Professor of Social Work and Director of the Doctoral Program at the School of Social and, for many year, the Chair of the Direct Practice Concentration at the School. She teaches at the MSW and PhD level in areas of mental health, and in 2008 she received the Chancellor’s Distinguished Teaching Award. Her primary research is on community mental health and persons with serious and persistent mental illness. She is author of two books, Interventions for Serious Mental disorders (pending 2014) and Client Violence in Social Work Practice (Guilford, 2003)

Sr. Madeleine Rybicki, CSFN, MS, is a training consultant with Holy Family Institute who presented regionally, nationally, and internationally on children and youth care. She has also been an adjunct faculty member for the School of Social Work and the University’s Child Development and Child Care Program of which she is an alumna and a recent School of Education distinguished

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alumna. Sr. Madeleine has served as coordinator of the Education and Training Committee of the National Organization of Child Care Workers and as president of the Academy of Child & Youth Care Professionals.

**Rhoda Mill Sommer, LSW, BCD, ACSW**, is a private practice therapist working especially with families and couples. You can learn more about Rhoda’s work, approaches, and expertise through her WWW presence at her blog: Relationship Realities | http://relationshiprealities.wordpress.com or on her website: Therapy Ideas | http://www.therapyideas.net

**Ginny Vayda, LCSW ACSW, CMC**, is Supervisor of Social Work, OEF/OIF/OND, Homeless Care Continuum and Veteran Employment Services at the James E. Van Zandt VA Medical Center, Altoona, PA. She was formerly The Victim Advocate Supervisor for MHN Government Services-HealthNet, Inc., working with clinical services to active military members and their families. She is also an adjunct faculty member at several schools of social work. She has more than twenty years experience in medical social work.

**Paul Wittman, MSW, LSW, MPA**, is Manager of Training Conferences and Recovery for Community Care Behavioral Health Organization where he is responsible for the design, implementation and administration of training and educational events for the Community Care network of providers and staff. He has worked in the behavioral health field concentrating on addictions, and the forensic populations. Paul serves on the board of directors for Turtle Creek Valley MH/MR, Inc.

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**FACULTY**

**CERTIFICATIONS**

**SOCIAL WORK AND OTHER CONTINUING EDUCATION CERTIFICATION**

LSW/LCSW: As a Council on Social Work Education accredited school of social work the School is a Pennsylvania pre-approved provider for social work continuing education. Programs also provide continuing education for LPC and LMFT.

**National Board of Certified Counselors** (NBCC): The University of Pittsburgh is an approved continuing education provider for counselors; please note your NBCC practitioner number when registering for programs.

**Certified Addiction Counseling** (CAC): The School maintains its status as an approved continuing education provider under the Pennsylvania Board on Addiction.

**Certified Employee Assistance Professional** (CEAP): Certification for professional development hours is provided under the auspices of the Employee Assistance Accrediting Commission of the Employee Assistance Professional Association.

**Psychologists (Psych)**: The noted programs are co-sponsored by Western Psychiatric Institute and Clinic (WPIC) and the University of Pittsburgh School of Social Work. WPIC is approved by the American Psychological Association to offer continuing education for Psychologists. WPIC maintains responsibility for these programs and their content. Each program is being offered for the designated number of continuing education credits.

**NCGC**: Gambling Counseling programs are approved for continuing education by the National Council on Problem Gambling.

**Handicapped Access:** We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Please, notify us two weeks in advance of program.

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**BECOME A CE PRESENTER**

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For more information on continuing education, SSW network co-sponsorship, and other issues related to licensing and continuing education, please contact the School of Social Work Continuing Education Program office and staff:

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